Medication Schedule*

Name _____ Date _____

- Take your medicines according to your heart care provider's instructions.
- If you miss a dose, do not take two doses at once.
- Do not skip doses unless your heart care provider tells you to do so.
- Tell your heart care provider if you think you have side effects.
- Do not stop any medications without your heart care provider's instructions.
- Store all medications in original containers away from heat and light.
- Keep all medications out of the reach of children.

Medicine, Dose, and Instructions	Breakfast	Lunch	Dinner	Bedtime

*Suggestion: Make copies of this page before using.

This form is available online at www.acumentra.org.