



For Immediate Release

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Acumentra Health Appoints Associate Medical Director

Portland, Ore. — February 21, 2007 — Portland-based Acumentra Health, a nonprofit organization dedicated to improving the quality and effectiveness of health care, has appointed Ruth Medak, MD, as associate medical director. Prior to accepting this position, she served as senior clinical coordinator of health care quality improvement for the organization.

Dr. Medak has a long and rich history with Acumentra Health and improving the quality of care for Oregon's citizenry. Her involvement with the organization began as a physician reviewer in 1978. At the time, the organization was called the Oregon Medical Professional Review Organization (OMPRO). In addition, Dr. Medak was a member of Acumentra Health's board of trustees from 1984 to 1997, serving as chair from 1988 to 1992.

Dr. Medak joined Acumentra Health's staff in 1991, bringing more than 20 years experience as a practicing physician. Since that time, she has led many of the organization's initiatives. Recently, in conjunction with the Northwest Physicians Insurance Company, Dr. Medak created the Patient Safety Alliance. The Alliance has brought together 20 hospitals and 10 professional societies to collectively improve the safety and the quality of health care in Oregon.

"Ruth's passion, drive and knowledge have greatly influenced Acumentra Health's success over the last several decades," said Jon Mitchell, President and Chief Executive Officer of Acumentra Health. "We are privileged to have her as a part of our team as we continue to expand our leadership in health care quality improvement."

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Acumentra Health Appoints Associate Medical Director/Page 2

During her career, Dr. Medak has served on numerous medical boards and committees, including Northwest Physicians Insurance Company, Oregon Diabetes Advisory Group, Oregon Statewide Coordinating Council for Heart Disease and Stroke Prevention and Care, Oregon Health Resources Commission Subcommittees, Oregon Health Outcomes, Noridian Carrier Advisory Committee, Oregon Medical Association Board of Trustees, Medical Society of Metropolitan Portland Board of Trustees, and Adams and Gray Home Health. Additionally, she is a past president of the Oregon Society of Internal Medicine, a former Associate Medical Director of QualMed Oregon, and Clinical Lecturer for the Pacific University Physician Assistant Program.

Dr. Medak earned her bachelor's degree in biology from Brown University and her medical degree from the University of Illinois. She completed her internal medical residency at Oregon Health & Science University (OHSU). In 2005, she became a Fellow of the American College of Physicians.

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Acumentra Health is a nonprofit organization dedicated to improving the quality and effectiveness of health care. Established in 1984, Acumentra Health's work spans the continuum of care, reaching all ages and economic levels, and all delivery settings. Acumentra Health contracts with Medicare to support effective, evidence-based health care for Medicare beneficiaries in Oregon and oversees the state's Medicare Beneficiary Protection Program. In addition, Acumentra Health contracts with state agencies, public health organizations and coalitions, health plans, hospitals, physicians and others to conduct healthcare quality assurance and quality improvement projects. As a leader in healthcare quality, Acumentra Health provides expertise in areas such as performance measurement and improvement, surveys, utilization management, healthcare data analysis, chronic disease management and electronic health records. For more information, visit www.acumentra.org.